

Questions about psychic health
of children

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Program

- Specifics of child and youth psychiatry field
- Organization of child psychiatry in Czech Rep.
- Etiology of psychical illness in childhood
- Family
- School
- Society
- Laws

Child and youth psychiatry - history

- 1933 – separate field in medicine
- 1934 – first journal and diagnostic criteria

CR – 1971 Ernestinum = First facility for mentally disabled children

- 1913 pedagogical institute – aimed at child psychopathology
- 1923 child psychiatric sanatorium in Opařany
- 1947 first child in-bed psychiatric department at psychiatric clinic facility
- 1971 first child psychiatric clinic Motol

Concept of child and youth psychiatry

- Psychological-health care for children
- Diagnostics , classification, treatment, rehabilitation, re-education,
- Prevention of mental illnesses /dealing with trauma, harmonization of mental development, improvement of educational environment/
- Medical consultations
- Cooperation in school diagnostics - PPP – Paedago- Psychological Advisory Centre, SPC – Special Pedagogic Centre
- Assessment activity - Ministry of Labor and Social Affairs, Ministry of Justice CR, Czech Police

Epidemiology of child mental illness in CR

- In CR are **1 856 325** children and youth under 18 years old / 2014/
- 10-20% of them suffer with mental disorder
- **13% / 241 322 /** children had or has mental disorder
- Frequent co-morbidity of 2-4 disorders simultaneously
- 2000-3000 children to one child psychiatrist

Organization of child psychiatry care

- Outpatient part - insufficient, uneven spread
 - 110 DPA, 77 contracted places
 - Problems with acute and consultation examinations
 - Long waiting time of 3-6 months
 - Problems with after care psychotherapy and family therapy
- In-existence of day centers

Organization of child psychiatry care II

- In-bed part - 653 beds / 137 acute and 516 consecutive care/
 - Uneven spread
 - Unclear differentiation of acute and consecutive care
 - Lack of professional personnel – Doctors, psychologists, child psychiatry nurses
 - Unsuitable spaces
 - Insufficient amount of specialized beds
 - Detoxification center – Merciful Sister's Hospital of St. Carl of Bartolommeo in Prague
 - 14 beds
 - Eating disorders – beds in Child psychiatric clinic Motol, Psychiatric clinic in Brno, Child

Etiology of mental diseases

- Model of bio – psycho – social disease
- Factors - Biologic /genetics , illnesses, injuries/
 - Social
 - Family
 - School
 - Society
- Individual endurance - resilience x vulnerability
- Protective factors – family, education, interests, faith

Changes in diagnostic specter

- Strong shift towards acute and severe mental diseases
- Decrease – enuresis, enkopresis , SVPU, behavioral disorders
 - Drugs abuse! New laws, not decrease of number of users
- Increase - ADHD
 - ADS = autism
 - Self harm
 - Neurotic disorders
 - PPP

Aggressive behavioral

Family

- Decline of classical concept of family
 - High no. Of divorce, families of one parent
 - Divorce disputes
 - Families with parents of same sex
- Decline of parental roles
 - Unemployment of parents
 - Excessively working parents
 - Parents = friends

Parents' rights vs Child's rights

School

- Elaborated school system for children
 - With mental disease
 - With autism
 - With speech disorder
 - With sensory disorder
- problems
 - Medication in school facility
 - Load dosage /depression, psychosis, neurotic disorders/
 - Combination of psychical disease with borderline intellect

Society

- How does it function, what are the role models
- Decline of classical moral values
- Medial picture
- Breaking of current law and problematic law enforcement
- High usage of alcohol and drugs, advertisement
- Unclear interpretation of law
- Question of restricting of rights of non- functional parents

Laws

- **Lack of Mental Health Law**
- Law no. **372/2011 Sb.** About health services – doesn't fully cover mental disease field
 - Problem of agreement of both parents - canceled
 - Ambiguity about agreement with treatment of director of school facility with institutionalized children, when there is danger from delay
 - **Doesn't cover** specifics of moded treatment

New Civic codex in action form 1.1.2014 [§ 100](http://obcanskyzakonik.justice.cz/images/pdf/Civil-Code.pdf) (translation from:
<http://obcanskyzakonik.justice.cz/images/pdf/Civil-Code.pdf>

(1) In the event of interfering with the integrity of a minor who has reached at least the age of fourteen years and has not acquired full legal capacity, and who seriously objects to the intervention, although his legal representative consents to it, the intervention may not be performed without court approval. This also applies where an intervention is carried out on an



Thank you for your attention